

Chesterfield Aquatic Center Schedule

Effective August 21, 2022

	5:15 a.m.	6 a.m.	7 a.m.	8 a.m.	9 a.m.	10 a.m.	11 a.m.	12 p.m.	1 p.m.	2 p.m.	3 p.m.	4 p.m.	5 p.m.	6 p.m.	7-8 p.m.	
Sunday								Open Swim 12-5p.m.								
								Lap Swimming/Walking 12-5p.m.								
Monday	Lap Swimming/Walking 5:15a.m.-8:25a.m.			Water Aerobics 8:30-9:30 a.m.	Water Aerobics 9:30-10:30 a.m.	Lap Swimming/Walking 10:30a.m.-3p.m.					Lap Swimming/ Walking 4-5:25p.m.	Water Aerobics 5:30-6:30p.m.	Lap Swimming/ Walking 6:30-8p.m.			
								Little Splashers 11:30a.m.-1p.m.								
Tuesday	Lap Swimming/Walking 5:15a.m.-8:25a.m.			Water Aerobics 8:30-9:30 a.m.	Joints in Motion 9:30-10:15 a.m.	Lap Swimming/Walking 10:15a.m.-3p.m.					Lap Swimming/Walking 4-8p.m.					
								Little Splashers 11:30a.m.-1p.m.								
Wednesday	Lap Swimming/Walking 5:15a.m.-8:25a.m.			Water Aerobics 8:30-9:30 a.m.	Water Aerobics 9:30-10:30 a.m.	Lap Swimming/Walking 10:30a.m.-3p.m.					Lap Swimming/ Walking 4-5:25p.m.	Water Aerobics 5:30-6:30p.m.	Lap Swimming/ Walking 6:30-8p.m.			
								Little Splashers 11:30a.m.-1p.m.								
Thursday	Lap Swimming/Walking 5:15a.m.-8:25a.m.			Water Aerobics 8:30-9:30 a.m.	Joints in Motion 9:30-10:15 a.m.	Lap Swimming/Walking 10:15a.m.-3p.m.					Lap Swimming/Walking 4-8p.m.					
								Little Splashers 11:30a.m.-1p.m.								
Friday	Lap Swimming/Walking 5:15a.m.-8:25a.m.			Water Aerobics 8:30-9:30 a.m.	Water Aerobics 9:30-10:30 a.m.	Lap Swimming/Walking 10:30a.m.-3p.m.					Lap Swimming/ Walking 4-5:25p.m.	Water Aerobics 5:30-6:30p.m.	Lap Swimming/ Walking 6:30-8p.m.			
								Little Splashers 11:30a.m.-1p.m.								
Saturday				Lap Swimming/ Walking 7-8:25a.m.	Water Aerobics 8:30-9:30a.m.	Water Aerobics 9:30-10:30a.m.	Lap Swimming/Walking 10:30a.m.-7:30p.m.									
											Open Swim 12-7:30p.m.					

Pool Closed 3-4p.m. Monday-Friday (Except on amended Schedule days)

*All dates and times are subject to change
**Amended Schedule Dates are on back



Please Take Note:

1. Little Splashers: Spray feature on, no slide available
2. Water Aerobics/Joints in Motion: Lap lanes unavailable (Lap lanes will close to lap users 5 minutes prior to classes to remove lane ropes)

Amended Schedule Dates/ Times:

Open Swim 2-8p.m.....Sept. 5, Oct. 21, Oct. 31, Nov. 1, Nov. 21-22, Nov. 25, Dec. 23, Dec. 26-30, Jan. 2-3, Jan. 16, Feb. 20, March 10,
March 13-17, April 21, April 24

Open Swim 12-4:30p.m.....Nov. 23, Dec. 24, Dec. 31

Closed for Holiday.....Nov. 24, Dec. 25, Jan. 1

Youth Swim Policy

- Children 8 years of age and under must be accompanied and directly supervised by a person 16 years of age or older, wearing a swimsuit. Weak or non-swimmers must be within arm's reach of an adult in the pool and directly supervised.
- Children 9-11 must be accompanied by an adult who is to remain in the Aquatic Center.
- Children 12 and older may use the Aquatic Center without an adult.

MONDAY-FRIDAY

10:30a.m.-3:00p.m.Youth (under the age of 18) must be directly accompanied and supervised by an adult **member**.

11:30a.m.-1:00p.m.Little Splashers is open to **members and non-members** with children ages 5 and under.

Schedule and Program Descriptions

Morning Swim.....For adults (18+) Monday through Saturday from pool opening until Open Swim time as scheduled, with the exception of the Youth Swim Policy as outlined above.

Youth ages 17 and under are not to be in the pool prior to the youth swim timeline (10:30a.m. or 11:30a.m., as listed above in relation to membership status).

Open Swim.....Features will be turned on during this time. Classes and programs may be held during this time which may affect the use of features by guests.

Lap Swimming/Walking.....Lap lanes will be designated for lap use only, defined as consistent down and back movement, such as water walking and/or lap swimming. Please use proper swim etiquette. No horseplay or diving.

**Note: Chesterfield Aquatic Center lap lanes are 25 Yards.

Little Splashers.....A designated time for children 5 and under, accompanied by an adult in the water.
Small spray hydrant may be turned on at this time upon request.

Water Aerobics.....A mix of cardio exercise and toning. This class is low impact on the joints. Great for beginners or experienced exercisers.

Joints in Motion.....Less vigorous than regular aerobics classes, focusing on stretching, strength, and flexibility of tight or recovering muscles and joints.