

May Dan Kinney Gym Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am	xxxxxx	Action by Liz		Action by Aracelli			xxxxxx
6:00am	xxxxxx						xxxxxx
7:00am	xxxxxx						
8:30am	xxxxxx	SilverSneakers Circuit Liz		SilverSneakers Circuit Nancy P		SilverSneakers Circuit Nancy C	
9:00am	xxxxxx	SilverSneakers Circuit Liz	SilverSneakers Classic Nancy	SilverSneakers Circuit Nancy P	SilverSneakers Classic Gretchen	SilverSneakers Circuit Nancy C	Suspension Pro Fitness Laura
9:30am	xxxxxx	Body Blast Kim	SilverSneakers Classic Nancy	Body Blast Kim	SilverSneakers Classic Gretchen	Body Blast Kim	Suspension Pro Fitness Laura
10:00am		Body Blast Kim	Pickleball	Body Blast Kim	Pickleball	Body Blast Kim	Body Blast Laura
10:45am		Low Impact Aerobics Nancy C	Pickleball	Low Impact Aerobics Nancy C	Pickleball	Low Impact Aerobics Nancy C	Body Blast Laura
11:00am		Low Impact Aerobics Nancy C	Pickleball	Low Impact Aerobics Nancy C	Pickleball	Low Impact Aerobics Nancy C	
12:00pm							
1:00pm			SilverSneakers Circuit Nancy P		SilverSneakers Circuit Aracelli		
2:00pm							
2:30pm		Pickleball		Pickleball		Pickleball	
3:00 pm	Volleyball (Half-Court)	Pickleball		Pickleball		Pickleball	
4:00pm	Volleyball (Half-Court)	Pickleball		Pickleball		Pickleball	
4:30PM	Volleyball (Half-Court)	Pickleball	Suspension Pro Fitness Heather	Pickleball		Pickleball	
5:00pm		Volleyball League	Suspension Pro Fitness Heather		Volleyball League		
6:00pm	xxxxxx	Volleyball League	Tae Kwon Do Chuck	Volleyball (Half-Court)	Volleyball League		
7:00pm	xxxxxx	Volleyball League		Volleyball (Half-Court)	Volleyball League	Pickleball (Half-Court)	
8:00pm	xxxxxx	Volleyball League		Volleyball (Half-Court)	Volleyball League	Pickleball (Half-Court)	xxxxxx

OPEN PLAY is available in the gym when programs, rentals and special events are not scheduled. During center leagues and Drop-In Pickleball, the full court may be used and would not be available for open play. All users must follow posted facility rules. No food or beverage allowed in the gym.

This schedule is subject to change at any time.