



Notes from Northview



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Hours: Mon.- Fri. 8:30 a.m.-4:30 p.m.

Note from the Northview Staff,

July is here! Hope you are enjoying Summertime! Fresh air and sunshine is great to brighten your day! Take time to listen to the birds while sitting outside in the morning or watch the sunset in the evening! Stay well!

Weekly flyers can be viewed at ParkBoard.org/Northview or emailed (if we have your email address) to help provide the most up-to-date information. As you know, things are changing daily. Call Northview if you have any questions.

Re-Opening . . .

We will abide by the Centers for Disease Control (CDC) and health department "Road to Recovery Plan, as well as our Parks department, for the best protocol to re-open. We will rely on you to do your part to follow those protocols when you return!

SeniorAge News

SeniorAge Alert Program will provide you with important information, notices and alerts. Sign up for Text or E-mail alerts. For questions about this program, call 862-0762.

If you need to schedule frozen meals for pickup or delivery call 864-8606.

SeniorAge needs assistance delivering meals. If you or someone you know can assist, call 864-8606.

Ceramics!

If you would like to paint a ceramic project, call 837-5808 to order and pay: Small \$6, Medium \$8, Large \$10. Time will be scheduled for pick up. *(Paint is not included in take out project)*

Riddle of the Week

Riddle: *What can't be put in a saucepan?*
Answer: *It's lid*

Fun things to celebrate at home:

TAPIOCA PUDDING DAY

Sun., June 28



Made from the cassava plant, tapioca is versatile. Pudding is one of the most popular American dishes made with this ingredient; it combines tapioca pearls with liquid to form a delicious, creamy mix. Enjoy a dish today!

Waffle Iron Day

Mon., June 29

Waffles are the best!! Make your own, order from a restaurant or buy some from the grocery store. Add your favorite toppings and enjoy!



Disabled Veterans Day

Tues., June 30



A day dedicated to raising awareness & funds specifically for our beloved "disabled" veteran heroes, the unique challenges they face and to ensure all their service-related disability needs are met with timeliness in a low-resistant process.

International Joke Day

Wed., July 1

What a great day to celebrate! Spend the day laughing and telling jokes. What is your favorite? Phone a friend or Better yet... call Northview and share them!

Q: What do you call a fake noodle?

A: An impasta



COMPLIMENT YOUR MIRROR DAY - JULY 3

A reminder to show yourself a little love & remind yourself just how awesome you are! Keep it up! Pat yourself on the back! You deserve it. Recognize your accomplishments and be proud of them. You're worth it!

Independence Day!

BBQ today, then enjoy watching the sky light up with fireworks! Celebrate the freedoms we have today!



Always keep your smile. That's how I explain my long life. Jeanne Calment



AMERICA
 BARBECUES
 BLUE
 CELEBRATE
 FIREWORKS
 FOURTH
 FREEDOM
 INDEPENDENCE
 JULY
 LIBERTY
 RED
 SODA
 SPARKLERS
 UNITED STATES
 WHITE

Celebrities, Orchestras, and More Are Streaming Live Music to Your Living Room

The show must go on — without or without a live audience.

Being stuck indoors doesn't mean you can't get a culture fix. As a response to the closure of various venues around the world, many museums, national parks and even zoos are going virtual, giving you a chance to enjoy their services from the comfort of their pajamas. Rather than outright canceling performances, many orchestras are heading online.

"Social distancing is important, but that doesn't mean it has to be boring."

Music, Concerts and Shows

<https://www.travelandleisure.com/culture-design/music/virtual-music-concerts-broadway-shows>

Beautiful places in the US

<https://www.msn.com/en-us/travel/tripideas/you-wont-believe-these-places-are-in-the-usa/ss-AAK64rS?li=BBnb7Kz>

CREATIVE MISSOURI: There are all sorts of ways to experience Missouri arts online. Missouri arts organizations and artists have been making a myriad of creative moves to keep the arts going. From podcasts to program notes, film festivals to flamenco classes, these resources enhance and expand how you can engage with the arts all around the state, from anywhere you have access to the internet. Missouri Arts Council's website offers two kinds of online experiences:

EVENTS taking place only on certain dates and at defined times.

ONGOING RESOURCES like a well-stocked video channel or an online portal to a museum's permanent collection.

<https://www.missouriartscouncil.org/creative-missouri/>

Check back, new information is added every week about what Missouri arts are providing online.