

MOVE, ROCK, PLAY & MAKE NOISE!



POUND[®]
ROCKOUT. WORKOUT.

GENERATION POUND IS HERE

A youth-oriented program that fuses movement and music to improve focus, coordination, physical fitness and teamwork skills. Kids use special drumsticks and are encouraged to explore movement and embrace their creativity.

REGISTER ONLINE OR AT FRONT DESK

Fall Session: Aug. 31- Dec. 14
Ages 6-14 yrs.

Join at any time during session the session!

Time: Mon. & Wed. 6-7 p.m.
Fee: Free/Member, Daily Fee/Non-member

