



# Notes from Northview



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## **Note from the Northview Staff,**

Hello! We hope you are doing good! After being home for so long, we know many of you are looking for things to do. There are a lot of fun days this month to celebrate at home! Keeping busy will help make the time go by quicker. Use these ideas to add excitement to your days.

Weekly flyers can be found at [ParkBoard.org/Northview](http://ParkBoard.org/Northview) or emailed, (if we have your email address) to help provide the most accurate information. As you know, things are changing daily. Please call Northview if you have any questions.

## **About Re-Opening . . .**

We will abide by the Centers for Disease Control (CDC) and health department guidelines, as well as our Parks department for the best protocol to re-open. Stay tuned!

## **SeniorAge News**

If you need to schedule frozen meals for pickup or delivery call 864-8606.

SeniorAge needs assistance delivering meals. Call 864-8606 if you are able to assist.

SeniorAge reports that Grace Health will reschedule foot clinic appointments when operations resume.

## **Shout out!**

Let's give a shout out to our mail carriers for helping us to keep in contact to all our friends and families that we cannot see and be with right now! Say thank you to your mail carrier!



## **Fun things to celebrate at home:**

### **Chocolate Ice Cream Day**

Sun., June 7

Treat yourself to a nice chocolate ice cream cone to cool off!

### **Best Friends Day**

Mon., June 8

Are you missing your friends? Make time today to call them and check on them! Plan ahead and mail them a card for best friends day.

### **Ice Tea Day**

Wed., June 10

Enjoy a cool glass of ice tea! Make it yourself or order one from your favorite restaurant. Either way, enjoy it just how you like it!

### **Peanut Butter Cookie Day**

Fri., June 12

Do you make the best peanut butter cookies? Try a new recipe to challenge yourself!

### **Weed Your Garden Day**

Sat., June 13

Take some time to work in the garden. Don't let your plants feel neglected, instead show them some love by getting the weeds out of their space!

## **Riddles of the Week**

- I have to be opened, but I don't have a lid or a key to get in. What am I?
- What can you catch but not throw?

## **Riddle answers from last week**

A River — Fire

Happiness is not a goal... it's a by product of a life well lived!

-Eleanor Roosevelt

# June Trivia

Do you know all the answers? Test your knowledge of all things summer!

**What was the first ice cream flavor?**

- A. Chocolate
- B. Strawberry
- C. Vanilla
- D. Mint

**In the heat of the summer, the iron in the Eiffel Tower expands, making the tower grow more than 6 inches.**

True — False

**What year was the first beach ball invented?**

- A. 1957
- B. 1938
- C. 1912
- D. 1973

**What year were the first modern Summer Olympics held?**

- A. 1896
- B. 1974
- C. 1902
- D. 1936

**Which President hosted the first barbecue at the White House?**

- A. George Washington
- B. Harry Truman
- C. Theodore Roosevelt
- D. Lyndon B. Johnson

**What is unique about the summer equinox?**

- A. It is the hottest day of the year
- B. It is the shortest day of the year
- C. It is the longest day of the year
- D. It is the loudest day of the year