

Chesterfield Aquatic Center Schedule

Aug. 13, 2019- Jan. 1, 2020

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:15 a.m.		Guaranteed Lap Swim 5:15-8:15 a.m.	Guaranteed Lap Swim 5:15-8:15 a.m.	Guaranteed Lap Swim 5:15-8:15 a.m.	Guaranteed Lap Swim 5:15-8:15 a.m.	Guaranteed Lap Swim 5:15-8:15 a.m.		
6 a.m.								
7 a.m.								Tropical Yoga 6:45-7:30 a.m.
8 a.m.								
9 a.m.		Water Aerobics 8:30-10:30 a.m. *lap lanes closed	Water Aerobics 8:30-10:30 a.m. *lap lanes closed ----- Mommy & Me 9:15-10 a.m.	Water Aerobics 8:30-10:30 a.m. *lap lanes closed	Water Aerobics 8:30-10:30 a.m. *lap lanes closed	Water Aerobics 8:30-10:30 a.m. *lap lanes closed		Water Aerobics 8:30-10:30 a.m. *lap lanes closed
10 a.m.								
11 a.m.	Guaranteed Lap Swim 10:30 a.m.-3 p.m.	Home school Swim 10:30 a.m.-noon *lap lanes closed	Guaranteed Lap Swim 10:30 a.m.-3 p.m.	Guaranteed Lap Swim 10:30 a.m.-3 p.m.	Guaranteed Lap Swim 10:30 a.m.-3 p.m.	Guaranteed Lap Swim 10:30 a.m.-3 p.m.		
12 p.m.	Open Swim 12-5 p.m.	Little Splashers 11:30 a.m. - 1p.m. *features on, no slide	Guaranteed Lap Swim Noon -3 p.m.	Little Splashers 11:30 a.m. - 1p.m. *features on, no slide	Little Splashers 11:30 a.m. -1p.m. *features on, no slide	Little Splashers 11:30 a.m. -1p.m. *features on, no slide		
1 p.m.								
2 p.m.	Swim Team 2-3 p.m. *no laps							
3 p.m.	Mini rays 3-4 p.m.	Pool Closed 3-4 p.m. Monday-Friday (except on amended schedule days)					Open Swim 12-7:30 p.m.	
4 p.m.	Guaranteed Lap Swim 4-5 p.m.	Open Swim 4-9 p.m.	Open Swim 4-9 p.m.	Open Swim 4-9 p.m.	Open Swim 4-9 p.m.	Open Swim 4-9 p.m.		
5 p.m.		Water Aerobics 5-7 p.m.	Learn to Swim 5:45-6:30 p.m. *no features or slide	Water Aerobics 5-7 p.m.	*lap lanes closed	Learn to Swim 5:45-6:30 p.m. *no features or slide		Water Aerobics 5-7 p.m.
6 p.m.	*lap lanes closed							
7 p.m.	Guaranteed Lap Swim 7-9 p.m.	Swim team 6:30-7:30 p.m. *no lap lanes	Guaranteed Lap Swim 7-9 p.m.	Guaranteed Lap Swim 7-9 p.m.	Swim team 6:30-7:30 p.m. *no lap lanes	Guaranteed Lap Swim 7-9 p.m.		
8-9 p.m.								



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* All dates and times are subject to change

**Amended Schedule Dates on Back

Amended Schedule Dates/ Times:

Sept. 2, Nov. 4-5, Nov. 29, Dec. 20, 23, 26, 27, 30 = Open Swim 2-9pm

Oct. 7-16= Pool closed for annual cleaning and maintenance

Nov. 27, Dec. 24, Dec. 31= Open Swim 12-4:30pm

Nov. 28, Dec. 25, Jan. 1= Closed for Holiday

Sept. 7, Oct. 19, Dec. 7= Lifeguard in-service 7-9am

Schedule and Program Descriptions:

Open Swim= Features will be turned on during this time. Classes and programs may be held during this time which may affect the use of features by guests

Guaranteed Lap Swim= Lap lanes will be designated for lap swim only. Please use proper swim etiquette.
Note: Chesterfield Aquatics Center lap lanes are 25 Meters.

Little Splashers= A designated time for children 5 and under, accompanied by an adult in the water. The fire hydrant spray feature may be turned on at this time upon request.

Water Aerobics= A mix of cardio exercise and toning. This class is low impact on the joints. Great for beginners or experienced exercisers.

Mommy & Me= For children ages 6 months- 3 years old and their parents, participants are guided through a variety of pre-swimming fundamentals

Learn to Swim= Designed for children age 6 months to 12 years, this program focuses on swimming skills and water safety up to Level 2.

Home school Swim= This program is offered to children ages 5 – 14 years old. Participants gain a broader knowledge of swimming strokes, water skills and safety as well as aquatic exercise.

Stingrays Swim Team= For swimmers age 6-18 who would like to focus on stroke technique and endurance.

Mini-rays= Designed to get kids ages 4-6 involved in swim team. Includes stroke basics in a swim team style setting.

Tropical Yoga= Poolside yoga on deck, with 90 plus degree temps, in the style of hot yoga.