

DAN KINNEY FAMILY CENTER



BUTI YOGA

A yoga practice that brings together intention and fun. This calorie-scorching workout fuses power yoga, tribal dance, and body sculpting primal movements.

Facility Hours of Operation

Monday – Friday

Facility: 5a.m. – 10p.m.
Child Care: 8a.m. - 2p.m.
4p.m. - 9p.m.

Saturday

Facility: 7a.m. – 8p.m.
Child Care: 9a.m. - 1p.m.

Sunday

Facility: 10a.m. – 6p.m.
Child Care: 12p.m. - 4p.m.

This class will invigorate your body, mind, and soul while sculpting and toning the body of your dreams.

Times

Mon/Wed/Fri 5 a.m.
Mondays at 6:15 p.m.

Fee

Members: **FREE** To Members
Non-Members: Daily Fee To Non-Members

Location

Dan Kinney Aerobics Room

Please Bring Yoga Mat

Ages: 18 & Up

Visit our website for more information: parkboard.org/dkfc

2701 S. Blackman Rd. Springfield, MO 65809 | 417.891.1500