

MCBRIDE

ELITE FEET

WITH

SPARC

Elite Feet is for students K- 4th grade.

Designed to help youth learn the basics of running. Training will increase slowly to build endurance, includes fun activities, and celebrates success along the way!

Weekly group practices are Mondays

PRACTICE DAY

Cost: \$30

Practice Location: McBride

Practice Time: 2:30-3:30

Race Distance: -1/4 Mile -1 Mile
-1/2 Mile -2 Miles

Race Date: Zombie Run Saturday October 14th

Race Location: Rutledge Wilson Farm Park

*Cost includes race registration and T-Shirt

MONDAYS

Sept. 18- Oct. 9

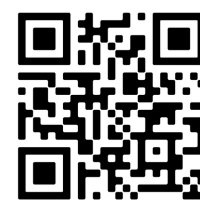


DEADLINE TO SIGN UP: SEPT 15

To register go online to
parkboard.org/SPARC

For more information contact
Alex at 417-874-2614

Email: alex.pering@springfieldmo.gov



SCAN ME

Scholarships may be available
for registration fees.

Contact the SPARC Office at
(417) 837-5737



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