



Tuesdays and Thursdays
@ 6 p.m.
Doling Aerobics Room

Beginning & Advanced Tae Kwon Do

Winter Session Dates

Session 1: Jan. 10-Feb. 2

Session 2: Feb. 7-March 2

Session 3: March 7-March 30

Session 4: April 4-April 27

Build self-confidence,
learn self-defense, achieve
new skills and make new
friends. Beginners and
advanced welcome.

\$30/Member,
\$40/Non-Member

For ages
5 yrs and up