



Tuesdays and Thursdays
@ 6 p.m.
Doling Aerobics Room

Beginning & Advanced Tae Kwon Do

Winter Session Dates

Session 1: Jan. 11-Feb. 3
Session 2: Feb. 8-Mar. 3
Session 3 Mar. 8: -Mar. 31
Session 4: Apr. 5 -Apr. 28
Session 5: May. 3-May. 26

Build self-confidence,
learn self-defense, achieve
new skills and make new
friends. Beginners and
advanced welcome.

\$30/Member,
\$40/Non-Member

For ages
5 yrs and up