

Ready for  
Some FUN!

# Sting Rays Swim Team

AT MEADOR POOL

Summer 2010



This is an 8 week long program that includes practices that focus on stroke development, fundamentals of turns & starts, fitness and having fun! You will compete in real swim meets just like the pro's against other area teams and work on self-confidence that will help you continue on in your swimming career.

Dates: June 8th-July30th (ST2010)

Practices are held every Tuesday through Friday  
Meets are generally on Thursday mornings

Time: Practices are both 11:30am-12:30pm  
AND 6:30pm-7:30pm

Cost: \$50.00 per swimmer



**\*\*You must be able to swim one length of the Meador Pool -50 yards\*\***

## Summer Swim Meet Dates

June 17th- Twin Oaks @ 8am  
June 21st- Hickory @ 5pm  
June 24th- Millwood @ 8am  
July 1st- Westport @ 8am  
July 8th- Southern Hills @ 8am  
July 16th- Greene County Meet @ TBA

For information on how to register visit our website at [parkboard.org](http://parkboard.org) or contact the aquatics office at Chesterfield Family Center.  
Phone: 417-891-1616



**Chesterfield**  
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