

SPRING 2010



American Red Cross

Lifeguard Training

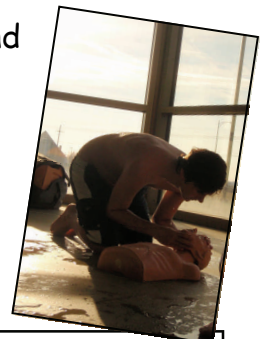
At Chesterfield Family Center



This course is for anyone ages 15 and older, who is interested in becoming an American Red Cross Lifeguard. Emphasis will be on earning American Red Cross Lifeguard, First Aid, CPR for the Professional Rescuer, AED Essentials, Preventing Disease Transmission, and Water Park Lifeguarding certifications.

Additionally, student will participate in training which focuses on customer service, lifeguard skills, conflict resolution and conditioning, as well as complete swimming assignments and lifeguard skills tests.

100% attendance is required for these classes.



****Classes will be held at Chesterfield Family Center, with the exception of deep water lessons.
Bring a swim suit, towel and snacks to each class.

SESSION 1 (901a): January 16th 7:30am-5:30pm January 17th 1-7pm January 23rd 7:30am-5:30pm January 24th 1-7pm	SESSION 2 (902a): February 1st 4:30-10pm February 3rd 4:30-10pm February 5th 4:30-10pm February 8th 4:30-10pm February 10th 4:30-10pm February 12th 4:30-10pm	SESSION 3 (903a): February 19th 4:30-8:30pm February 20th 8am-6pm February 21st 1-7pm February 26th 4:30-8:30pm February 27th 8am-5pm	SESSION 4 (904a): March 1st 4:30-9pm March 3rd 4:30-8:30pm March 6th 9am-5:30pm March 8th 5-9pm March 10th 5-9pm March 13th 9am-5pm
SESSION 5 (905a): March 22nd 8:30am-4:30pm March 23rd 8:30am-3pm March 24th 8:30am-4pm March 25th 9am-3pm March 26th 9am-2pm	SESSION 6 (906a): April 7th 5-8pm April 9th 4-8pm April 10th 9am-6pm April 14th 5-8pm April 16th 4-8pm April 17th 8am-6pm	SESSION 7 (907a): April 20th 4-9pm April 21st 4:30-9pm April 22nd 4:30-9pm April 23rd 8am-5pm April 24th 8am-6pm	<div style="border: 1px solid black; padding: 10px; transform: rotate(-5deg);"> <p>The cost for the class is \$175 for members of Chesterfield Family Center, and an additional \$10 fee for non-members.</p> </div>

Chesterfield
FAMILY CENTER
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For more information about our programs visit us at www.parkboard.org

To register come by Chesterfield Family Center and speak to one of our helpful front desk staff members

