

# Daily Meal Program



# July 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>ITALIAN PORK CHOPS ITALIAN VEGGIES EGG NOODLES BREADSTICKS VANILLA MANDARIN PUDDING PARFAIT</p>	<p><b>2</b></p> <p>CASHEW CHICKEN WHITE RICE ORIENTAL VEGGIES FORTUNE COOKIE GOLDEN OREO RAINBOW COOKIES</p>	<p><b>3</b></p> <p>HAMBURGERS OR HOT DOGS CHIPS MACARONI SALAD WATERMELON FOURTH OF JULY FRUIT DESSERT</p>	<p> <b>4</b></p> <p><b>HAPPY INDEPENDENCE DAY! NORTHVIEW CENTER CLOSED. MEALS WILL NOT BE SERVED OR DELIVERED</b></p>	<p><b>5</b></p> <p>TATER TOT BAKE WITH SAUSAGE EGG AND CHEESE MIXED FRESH FRUIT BLUEBERRY MUFFIN ICE CREAM</p>
<p><b>8</b></p> <p>OVEN FRIED CHICKEN AU GRATIN POTATOES GREEN BEANS CHEDDAR BISCUITS HOMEMADE BANANA PUDDING</p>	<p><b>9</b></p> <p>MEDITERRANEAN BAKED FISH JASMINE RICE CALIFORNIA VEGGIES HUSH PUPPIES RASPBERRY SCONE</p>	<p><b>10</b></p> <p>SMOKED SAUSAGE WITH ONIONS ZUCCHINI AND TOMATOES BAKED POTATO CORN BREAD LEMON BARS</p>	<p><b>11</b></p> <p>GROUND BEEF GYROS ROASTED POTATOES CUCUMBER SALAD WHITE CAKE WITH BUTTER CREAM ICING</p>	<p><b>12</b></p> <p>CHICKEN FAJITAS SPANISH RICE ANTIGUA VEGGIES TORTILLAS FRIED ICE CREAM</p>
<p><b>15</b></p> <p>POT ROAST POTATOES &amp; CARROTS ROASTED BRUSSEL SPROUTS HAWAIIAN ROLL PINEAPPLE LUSH CAKE</p>	<p><b>16</b></p> <p>CHICKEN HOBO PACK SPINACH SALAD MINI WHEAT BISCUIT FRESH BAKED CHOCOLATE CHIP COOKIES</p>	<p><b>17</b></p> <p>FRIED FISH POTATO SALAD COLESLAW HUSH PUPPIES CHOCOLATE CAKE</p>	<p><b>18</b></p> <p>OVEN FRIED CHICKEN BAKED POTATOES COUNTRY VEGGIES HOT ROLL CHERRY COBBLER</p>	<p><b>19</b></p> <p>MEATLOAF MASHED POTATOES GRAVY BROCCOLI SALAD FRENCH BREAD JELL-O POKE CAKE</p>
<p><b>22</b></p> <p>PARMESAN CRUSTED BAKED FISH MAC AND CHEESE MEADOW BLEND CHEDDAR BISCUIT BREAD PUDDING</p>	<p><b>23</b></p> <p>BAKED HAM BAKED POTATO GREEN BEANS WHEAT ROLL CHOCOLATE CAKE</p>	<p><b>24</b></p> <p>OVEN FRIED CHICKEN FRUIT COCKTAIL GREEN PEAS BREADSTICKS PEANUT BUTTER FILLED BROWNIES</p>	<p><b>25</b></p> <p>SCRAMBLED EGGS HAM SLICES BISCUITS AND WHITE GRAVY BANANA SPLIT DESSERT</p>	<p><b>26</b></p> <p>BAKED SPAGHETTI WITH MEAT SAUCE COTTAGE CHEESE WITH PEACHES GARLIC BREAD CINNAMON ROLLS</p>
<p><b>29</b></p> <p>OVEN FRIED CHICKEN POTATO WEDGES SPINACH HAWAIIAN ROLL STRAWBERRY MOUSSE DESSERT</p>	<p><b>30</b></p> <p>STUFFED PEPPERS GLAZED CARROTS BISCUITS PINEAPPLE UPSIDEDOWN CAKE</p>	<p><b>31</b></p> <p>AMERICAN GOULASH MARINATED VEGGIES CORN BREAD MISSISSIPPI MUD BROWNIES</p>		



**Guests (60 years and older) suggested contribution is \$3.75;  
Under 60 Guests pay \$6.  
MENU SUBJECT TO CHANGE! Meal includes milk, bread and dessert.**

### **Daily Bread Meal Program**

Lunch served continuously  
Monday– Friday  
11:30 a.m.- 12:30 p.m.

### **Meal Tickets**

Meal tickets can be purchased at the SeniorAge sign –in desk. Meal tickets may be used at any Senior Center and do not expire! Meal Tickets are available at your convenience.

**5 Meals for \$18.75**  
**10 Meals for \$37.50**

### **Suggested Contributions**

In our continuing effort to provide meals to seniors we ask that you be generous in your contribution for meals.

The suggested contribution for persons 60 and older is \$3.75 and guests under 60 years of age are required to pay \$6.00.

### **Salad Bar**

Salad Bar is funded by the Greene County Senior Citizens Tax Board and your donations. Thank you!



### **Kitchen Assistants**

Several duties to choose from:  
Wrapping silverware, coffee monitor, bus tables, help pack homebound meals and much more.

### **Homebound Meal Delivery Drivers**

One or more days per week: 10 a.m.  
(approx. 1 hour) Mileage reimbursed.

Contact Brad Cox  
for details or call 864-8606

### **SeniorAge Kitchen Staff**

Carla Pena, *Lead Cook*  
Melanie Ferrera, *Assistant Cook*  
Mary Giboney, *Assistant Cook*

### **SeniorAge Staff**

Chris Thompson, *Director of Field Operations*  
JJ Bowler, *Program Administrator*  
Brad Cox, *Office Assistant*

### **Phone Number:**

(417) 864-8606

### **Website:**

SeniorAgeMO.org

### **Facebook:**

Northview Senior Center



### SUDOKU FUN

