



# Youth Suspension

**New!!**

**is Now Being Combined with  
Suspension**

**Pro Fitness**

Want to change things up? Want to challenge your limits?

Develop functional strength in the kids!!

Suspension Pro is the class for you!

Starting February 6<sup>th</sup>  
Wednesdays at 5:30 p.m.  
West Gym

Members: Free  
Non-Members: 10-pack  
punch cards available for  
\$25; or pay the daily fee.

Youth 10-15 must be accompanied by a parent  
or guardian during class.



For more information, call 417-891-1616 or  
visit [www.ParkBoard.org/Chesterfield](http://www.ParkBoard.org/Chesterfield)

