

LEARN TO PLAY HOCKEY SCHEDULE

	Tuesdays	Thursdays	Saturdays
10:15-10:45 a.m.			Hockey 1
10:55-11:25 a.m.			Hockey 3 Hockey 4
11:35 a.m.-12:05 p.m.			Hockey 1 Hockey 2
12:15-12:45 p.m.			Hockey 3 Hockey 4
4:40-5:10 p.m.	Hockey 3 Hockey 4	Hockey 1	
5:20-5:50 p.m.	Hockey 1 Hockey 2	Hockey 3 Hockey 4	
6-6:30 p.m.	Hockey 1	Hockey 1 Hockey 2	

Check Open Play Hockey and Public Skating schedule at ParkBoard.org/IcePark



Al Valdivia, Hockey Director
 avaldivia@springfieldmo.gov
 417-874-2933



LEARN TO PLAY HOCKEY 2019

Winter 1: January 15 - March 9
 Spring: March 19 - May 11
 Summer: June 4 - August 3
 Fall: August 13 - October 5
 Winter 2: October 8 - December 7

Teaches beginning players of all ages the fundamentals of skating in conjunction with the game of hockey.



635 E. Trafficway St.
 Springfield, MO 65806

ParkBoard.org/IcePark

417-866-7444

@JordanValleyIcePark

ABOUT LEARN TO PLAY HOCKEY

Jordan Valley Ice Park's **Learn to Play Hockey** is designed to teach the fundamentals of hockey skating and the game of hockey. Skaters advance through levels having fun and learning to be more proficient and agile on the ice. Learn to Play Hockey is a part of *Learn to Skate USA* and *USA Hockey*.

Program sessions are 8 weeks. They include:

- One 30-minute lesson each week, includes skate rental and hockey equipment
- 8 free public skating sessions (roughly 90 minutes each) includes skate rental

REGISTER

All programs are \$90/8 weeks Plus \$16/year US Figure Skating Membership

The US Figure Skating Membership is \$16/year and required to participate in Learn to Play Hockey. Membership year runs July 1-June 30 and may only be purchased at the Ice Park, not online.

Register for Learn to Play Hockey online at ParkBoard.org/IcePark or at Jordan Valley Ice Park by the Friday before the program begins.

In-person registration remains open the first two weeks of class.

Contact: For more information contact Al Valdivia, Hockey Director, at avaldivia@springfieldmo.gov or 417-874-2933.



ParkBoard.org/IcePark

LEARN TO PLAY HOCKEY PROGRAMS

Learn to Play Hockey programs are for ages 3 yrs. through adult. If you're unsure which program is right for you, we will match you with the right level, based on your needs and skill level. For questions, call 417-874-2933.

Hockey 1: Introductory levels for beginner skaters of all ages. Skaters will develop preliminary coordination and strength to maneuver and become more comfortable on the ice.

Hockey 1 sessions are offered:

- Tues., 5:20-5:50 p.m. • 6-6:30 p.m.
- Thurs., 4:40-5:10 p.m. • 6-6:30 p.m.
- Sat., 10:55-11:25 a.m. • 11:35 a.m.-12:05 p.m.

Hockey 2: Progressive levels introduce fundamental moves including forward and backward skating, stops, edges, crossovers and turns. These levels create a good foundation for skaters to advance to more specialized areas of skating.

Hockey 2 sessions are offered:

- Tues., 5:20-5:50 p.m.
- Thurs., 6-6:30 p.m.
- Sat., 11:35 a.m.-12:05 p.m.

Hockey 3: Fundamental hockey moves are built upon by continued sharpening of edge use while building speed.

Hockey 3 sessions are offered:

- Tues., 4:40-5:10 p.m.
- Thurs., 5:20-5:50 p.m.
- Sat., 10:55-11:25 a.m. • 12:15-12:45 p.m.

Hockey 4: Hockey specific skating techniques are introduced to develop the necessary technique to allow skating to become second nature to the player.

Hockey 4 sessions are offered:

- Tues., 4:40-5:10 p.m.
- Thurs., 5:20-5:50 p.m.
- Sat., 10:55-11:25 a.m. • 12:15-12:45 p.m.

Miss your lesson? Make up a lesson on another day/time the program is offered.

Arrive early to lace up your skates before your lesson.